



DABTON HOUSE

1820

TRADITIONAL MASSAGE

A massage technique that focuses on the deep layers of your muscle tissue. It is used to treat chronic or deep seated muscle tension through slower strokes and more direct pressure or friction, which can be relaxing or invigorating depending on the needs of the individual.

AROMATHERAPY MASSAGE

A luxurious and relaxing massage for the full body, face and scalp. Using gorgeously warmed oil, your body is massaged from head to toe. Using flowing movements to assist lymphatic drainage, this massage is ideal for tired tense muscles to increase circulation and induce relaxation.

BACK NECK AND SHOULDER MASSAGE

This will be tailored to your individual needs.

INDIAN HEAD MASSAGE

A relaxing holistic treatment that uses pressure point head and scalp massage will nourish the hair and moisturise the scalp. This relaxing treatment helps improve circulation and relieve stress. Including the neck and shoulders which will soothe and relax the body and mind, aiming to rebalance your body's energies.

EXTRA RELAXING FACIAL

Indulge yourself with this luxurious facial, which firms, tones, refines and deeply hydrates the skin. Includes a head, neck and shoulder massage to leave the mind clear and the skin radiant and moisturised.

DEEP CLEANSING FACIAL

This deep-cleansing facial will decongest and rebalance. An exfoliation containing fine jojoba beads which will gently buff away dead skin cells and eucalyptus oil to help purify. Using a clay mask, it will help regulate oiliness and draw out impurities to leave the skin balanced and calm.